

# RADFORD UNIVERSITY

## MEN'S TRACK & FIELD RECORDS

Current athletes in **bold**

\* Denotes record set during 2008-09 season

### INDOOR RECORDS (Updated Feb. 16, 2009)

Event	Athlete	Record	Date	Meet
55m	Quentin Preston	6.41	2/12/2005	Virginia Tech
60m	<b>Raschad Kelso</b>	6.91*	12/9/2008	Liberty Kickoff
55m Hurdles	Antoine Woods	7.87	1/18/2003	Appalachian State
60m Hurdles	<b>Brett Olinger</b>	8.46*	1/16/2009	Hokie Invite
200m	<b>Raschad Kelso</b>	22.02*	1/17/2009	Hokie Invite
400m	<b>Raschad Kelso</b>	48.06*	2/14/2009	Akron Invitational
800m	Goran Nava	1:52:58	2/21/2004	Big South Champs
Mile	Goran Nava	4:08.56	2/14/2004	Virginia Tech
3000m	Goran Nava	8:27.43	1/17/2004	Tar Heel Invite
5000m	<b>Dawit Legesse</b>	14:52.95	2/17/2007	Big South Champs
4x400m	<b>Hall, Wydner Kelso, Gore</b>	3:16.27	2/2/2007	Armory Classic
DMR	McCarty, Sawicki Amy, O'Flaherty	10:21.14	2000	n/a
Long Jump	Irvin White	23'8.25" (7.21m)	2/21/2004	Big South Champs
Triple Jump	<b>Nic Moore</b>	47'8.5" (14.54)	12/9/2005	Liberty Invitational
High Jump	Rochelle Black	6'11" (2.10m)	2/22/2003	Big South Champs
Shot Put	James Nixon	53'2.25" (16.21m)	2/18/2006	Virginia Tech
Weight Throw	Brian Richotte	69'4.25" (21.13m)	3/4/2006	Virginia Tech
Pole Vault	John Uhler	15'1" (4.59m)	2/23/2008	Virginia Tech
Heptathlon	Wayne Gore	4,502 points	2/29/2008	Big South Champs

### OUTDOOR RECORDS (Updated May 16, 2009)

Event	Athlete	Record	Date	Meet
100m	James Harris	10.66	4/26/2006	Radford Invite
200m	<b>Rachad Kelso</b>	21.31*	4/30/2009	Liberty Twilight
400m	<b>Olajuwon Jones</b>	46.51*	5/16/2009	Ga. Tech Invite
800m	Goran Nava	1:49.66	5/15/2004	Georgia Tech
1500m	Goran Nava	3:44.07	5/15/2004	Georgia Tech
Mile	Goran Nava	4:20.46	2002	n/a
3000m	Goran Nava	8:22.37	3/20/2004	UNC Charlotte
3000m Steeple	Andrew Jackman	9:35.18	4/13/2002	Virginia
5000m	Goran Nava	14:48.30	3/13/2004	Shamrock Invite
10000m	<b>Dawit Legesse</b>	30:53.35	3/28/2007	Wake Forest
110m Hurdles	Antoine Woods	15.14	4/2/2004	Radford Quad
400m Hurdles	Wayne Gore	53.52	3/28/2008	Winthrop Invite
4x100m Relay	Harris, Hall <b>Kelso, Jones</b>	40.89	4/19/2008	Big South Champs
4x400m Relay	Gore, <b>Wydner Coker, Johnson O. Jones, Kelso Olinger, Coker</b>	3:12.06	4/21/2007	Big South Champs
		3:12.06	5/30/2009	NCAA Regionals
Long Jump	Larry Evans	24'1" (7.34m)	4/15/2006	Sea Ray Relays
High Jump	Dan Oseth	6'10.75" (2.10m)	4/23/2006	Big South Champs
	Larry Evans		3/24/2006	Aggie Relays
	Dan Oseth		2008	Onesty Invite
Pole Vault	John Uhler	13'11.75" (4.26m)	3/31/2007	Winthrop Invite
Shot Put	James Nixon	54'06" (16.61m)	3/10/2006	Coastal Carolina
Discus	<b>Kyle Morse</b>	162'7" (49.55m)	3/10/2007	Coastal Carolina
Javelin	Sean McGuire	186'3" (56.76m)	2003	Washington
Hammer	Brian Richotte	223'2" (68.02m)	4/29/2006	Penn Relays
Decathlon	<b>Kevin Richards</b>	5,630 points*	4/17/2009	Big South Champs